

# THE MONTHLY FEED

NEWSLETTER

November 1, 2015

HELLO FRIENDS,

WELCOME TO THE NEW BI-MONTHLY NEWSLETTER FROM THE SOUTHERN MARYLAND FOOD BANK. WE WILL KEEP YOU UP TO DATE ON ALL THE HAPPENINGS, EVENTS, PROJECTS, PROGRAM NEEDS AND MORE AS WE CONTINUE TO EASE THE PAIN OF HUNGER IN SOUTHERN MARYLAND!!



### Events

&

### Volunteers

- Mobile Meal Dinner  
Nov. 12th & Dec. 10th  
5:00pm to 7:30pm
- Turkey Distribution  
Nov. 13th—12:00 to 1:30  
Dec. 4th—12:00 to 1:30
- Kris Kringle Christmas Market  
Friday—Dec. 11th  
4:00pm to 8:00pm  
Saturday—Dec. 12th  
8:00am to 8:00pm

### CONTACT US!!

For more information on all that we do to Ease the Pain of Hunger in Southern Maryland contact us at 301-274-0695.

Like us on Facebook or visit our website at [www.smbf.somd.com](http://www.smbf.somd.com)

### Can Man Corner



Wishing you a Happy and Healthy Holiday Season!

### SMD Food Bank Update

Although supplies were very low, we were able to distribute over 150,000 pounds of food to member agencies during the months of September and October.

However, we fell 35,000 to 40,000 pounds short of meeting the monthly need of our communities.



### FACT!

46.5 million people use Food Banks and local Pantries each year.



### SNACK Saks

Starting our 5th year of providing Snack Saks to children in St. Mary's County! Currently, we provide bags for 122 children each week. Our Saks give 22 food items for children to enjoy on the weekend when free and reduced school meals are not available.

If you, your business or work place would like to sponsor a child for the remaining school year, please contact us for more details!

### FOOD DRIVES!

#### We need your help!

Food is in very short supply and we need your help this holiday season!

If you can spare a can or two or would like to host a food drive, please contact us.

Your efforts will help us keep feeding our tri-county communities and provide a nicer holiday for all.

Thank you!



## MOBILE MEAL PROGRAM

(4 WHEELS & A MEAL)



Since our Mobile Meal Pilot Program began in September, we have provided 109 hot meals with other supplies and resources to those joining us. Our program goal is to feed people where they are; not where we want them to be. We want to build trust and convince those eligible for services, but not receiving them, to apply.

We all have fears for different reasons, but we should never allow them or a bad experience keep us from a better quality of life. Things are often easier to except when closer to home, so that is why we are providing services to those in need where they are. In their own communities where they are more

comfortable and more likely to accept assisted.

For more information or to see how you can be a part of this unique program contact us at 301-274-0695.

